Lack of Confidence Hinders Speaking Skills

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Abstract:

As English is widely accepted language in the world, we use it for communication and in communication we have four basic and important skills i.e. Listening, Speaking, Reading and Writing. As all four are equally important and speaking skills is one of them. The main problem everyone faces, when it comes to speaking. People face many obstacles in various forms for example, fear of making or feeling shy, lack of vocabulary etc. Hence, researcher did the analysis on the topic Lack of Confidence Hinders Speaking Skills which aims to find out the problem and their solution while speaking.

Key words: *Hinders, speaking skills, confidence, and lack*

1) Introduction

English is the most spoken language in the world. It is the official language of 53 countries and spoken by around 400 million people across the globe. English is the most common second language in the world. Speaking English helps us to communicate with native speakers and foreigners. It allows you to broaden your world with better job opportunities and ability to communicate with people across the globe. It is also the language of Tourism, business, Internet, and education too.

Learning English improves the quality of life. More than 1.6 billion people understand and relate with the language of Shakespeare. It is the main language of this planet.

English is a foreign language in our country; most of the students are not familiar with it. Here, they prefer less encouragement to learn and speak English, due to lack of encouragement and to speak native language more than the target language. They use more frequent in class and less outside the class. They have limited time to learn English in the class and so they are unable to speak English. English itself is not an original language it is a mixture of other languages. For example: India: Words relating to culture, originating from the colonial era. Many of these words are of Persian origin rather than Hindi because Persian was the official language of the Mughal courts. e.g., pyjamas, bungalow, curry etc. Italian: Words relating to some music, piano fortissimo. Or Italian culture, such as piazza, pizza, gondola, balcony, fascism The English word umbrella comes from Italian ombrello.

2) What is speaking?

Speaking is the delivery of language through the mouth. To speak, we create sounds using many parts of our body, including the lungs, vocal tract, vocal chords, tongue, teeth, and lips. This vocalized form of language usually requires at least one listener. When two or more people speak or talk to each other, the conversation is called a "dialogue". Speech can flow naturally from one person to another in the form of dialogue. It can also be planned and rehearsed, as in the delivery of a speech or presentation. Of course, some people talk to themselves! In fact, some English learners practice speaking standing alone in front of a mirror.

3) Importance of speaking skills

Speaking: the action of conveying information or expressing one's feeling in speech. These skills give us the ability to effectively communicate and allow the speaker to convey his message in a thoughtful, passionate and convincing manner. The most important method for communication is speaking skills.

There are four language skills: listening, speaking, reading, writing and all are interconnected. Proficiency in each skill is necessary but ability to speak skillfully provides several advantages. Speaker should be confident and clear. Wise is the speaker who gains and holds the attention of an audience. It can enhance one's personal life and bring out growth that we should all seek. It also helps to assure that one won't be misunderstood by those who are listening.

4) Psychological Factors that affects speaking skill:

Fear of making mistakes: Students are afraid of making mistakes as Teacher criticize and students laugh on them and other reason can be they are afraid of looking foolish in front of others and they are concerned about how others will see them.

Lack of Motivation: English is a foreign language in our country, so most of the students are not familiar with it. Here they face lack of encouragement to speak English; they prefer to speak native language as compared to target language.

Lack of Confidence: students are not confident enough to speak in front of others, as they are afraid of making mistakes. The other reasons can be shyness and anxiety. Sometimes students are too worried of making mistakes and they prefer to silent in any discussion. The reasons for lack of confidence are lack of vocabulary, pronunciation problems and feeling shy to speak.

5) Rationale of the study:

A rationale is the articulation of the reasons for using a particular literary work, film or teaching method. With the globalization, it becomes the requirement for the people to learn English language. There are various skills to the language learning but speaking is the most important of all. Some researchers did their research on lack of confidence hinders speaking skills.

Hence, the present study focuses on lack of confidence hinders speaking skills. Once a learner is able to speak fluently he can master all other skills well.

6) Research Questions:

- What are the difficulties and problems faced by the students of first year of Bachelor of Commerce while speaking in English?
- What are the suitable solutions difficulties faced by the students of first year of Bachelor of Commerce for speaking in English?

7) Research Objective:

- To find out difficulties faced by the students of first year of Bachelor of Commerce while speaking in English.
- To find out the problems faced by the students of first year of Bachelor of Commerce while speaking in English.

8) Limitation of the study:

The present study is limited only to Commerce students of Parul university 2019-2020 batch.

9) Research Methodology:

It deals with Research Methodology which covers Research Design, population and sampling of the study, tools of data collection, and Data Analysis and Interpretation. They are in following way:

9.1. Research Design:

The present Research is an Experimental Research. The Researcher has selected the topic "Lack of Confidence hinders Speaking skill". The students were asked to fill a questionnaire and on the basis of this information the data was analyzed.

9.2. Population and sample of the study:

As per purposive population and sampling technique, Parul Institute of Commerce was selected.

9.3. Tools of data collection:

Data was collected using questionnaire.

9.4. Data analysis and interpretation:

Data was analyzed using Statistical Package of Social Science (SPSS) software.

10. Data Analyze:

Gender:

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	11	61.1	61.1	61.1
	Female	7	38.9	38.9	100.0
	Total	18	100.0	100.0	

The above table 10.1 presents the information about gender distribution of participants. Total 18 participants participated in Questionnaire where in 11(61.1) were Male participants and 7(38.9) were the Female participants.

Medium of Education:

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Gujarati	7	38.9	38.9	38.9
	English	11	61.1	61.1	100.0
	Total	18	100.0	100.0	

The above table 10.2 presents the information about Medium of Education of participants. Total 18 participants participated in Questionnaire where in 7(38.9) are from Gujarati medium and 11(61.1) are from English medium.

Belongings:

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	urban	15	83.3	83.3	83.3
	rural	3	16.7	16.7	100.0
	Total	18	100.0	100.0	

The above table 10.3 presents the information about Belongings of participants. Total 18 participants participated in Questionnaire where 15(83.3) belongs to urban area and 3(16.7) belongs to rural area.

How much do you give importance to speaking skills?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	51-75%	4	22.2	22.2	22.2
	76-100%	14	77.8	77.8	100.0
	Total	18	100.0	100.0	

The above table 10.4 presents the information about significance of speaking skills among other skills. Total 18 participants participated in Questionnaire where 4(22.2) agreed with 51-75% and 14(77.8) agreed with 76-100%.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
"Speaking skills is as importance as other skills of language." Do you agree with this statement?	18	4.00	5.00	4.6667	.48507

The above table 10.5 showed significance of speaking skills. Students were asked Question 11 to inquire about speaking skills is as importance as other skills of language and students showed acceptable importance with a mean score of 4.6667 and standard deviation of. 48507.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
12) "I face problems when I speak in English in the classroom in front of the students". Do you agree with this statement?	18	1.00	5.00	2.8889	1.23140
Valid N (list wise)	18				

The above table 10.6 showed problems in speaking skills. Students were asked Question12 to inquire about facing problems in speaking in front of audience. The students showed acceptable importance with a mean score of 2.89 and standard deviation of 1.23140.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
13) "I do not face any problems when I speak in English with my friends" Do you agree with this statement?	18	1.00	5.00	3.6111	1.03690
Valid N (list wise)	18				

The above table 10.7 showed problems in speaking skills. Students were asked Question 13 to inquire about not facing problems in speaking in front of audience. The students showed acceptable importance with a mean score of 3.611 and standard deviation of 1.03690.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
14) "I don't try to speak in English due to afraid of making mistakes" Do you agree with this statement?	18	1.00	4.00	2.1667	1.15045
Valid N (list wise)	18				

The above table 10.8 showed problems in speaking skills. Students were asked question 14 to inquire about not trying to speak in English due to afraid of making mistakes. Students showed acceptable importance with a mean score .1667 and standard deviation of 1.1505.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
15) "I face problems in speaking English due to lack of vocabulary" Do you agree with this statement?	18	1.00	5.00	3.2778	.95828
Valid N (list wise)	18				

The above table 10.9 showed problems in speaking skills. Students were asked question 15 to inquire about facing problems in speaking due to lack of vocabulary. Students showed acceptable importance with a mean score of 3.2778 and standard deviation of. 95828.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
16) "I face problems when I speak in English because of limited learning environment". Do you agree with this statement?	18	2.00	4.00	3.1667	.92355
Valid N (list wise)	18				

The above table 10.10 showed problems in speaking skills. Students were asked question 16 to inquire about facing problems in speaking English because of limited learning environment. Students showed acceptable importance with a mean score of 3.1667 and standard deviation of.92355.

	N	Minimum	Maximum	Mean	Std. Deviation
17) "I don't try to speak in English because I feel shy in front of audience". Do you agree with this statement?	18	1.00	5.00	2.5556	1.24722
Valid N (list wise)	18				

The above table 10.11 showed problems in speaking skills. Students were asked question 17 to inquire about facing problems in speaking English because of feeling of shy. Students showed acceptable importance with a mean score of 2.5556 and standard deviation of 1.24722.

	N	Minimum	Maximum	Mean	Std. Deviation
18) "I face problems while speaking in English due to lack of confidence". Do you agree with this statement?	18	1.00	5.00	2.7222	1.31978
Valid N (list wise)	18				

The above table 10.12 showed problems in speaking skills. Students were asked question 18 to inquire about facing problems in speaking English due to lack of confidence. Students showed acceptable importance with a mean score of 2.722 and standard deviation of 1.31978.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
19) "If I practice at home in front of mirror it will help me in enhancing speaking skills". Do you agree with this statement?	18	1.00	5.00	3.5000	1.20049
Valid N (list wise)	18				

.The above table 10.13 showed solutions in speaking skills. Students were asked question 19 to inquire about practicing at home in front of mirror. Students showed acceptable importance with a mean score of 3.500 and standard deviation of 1.20049.
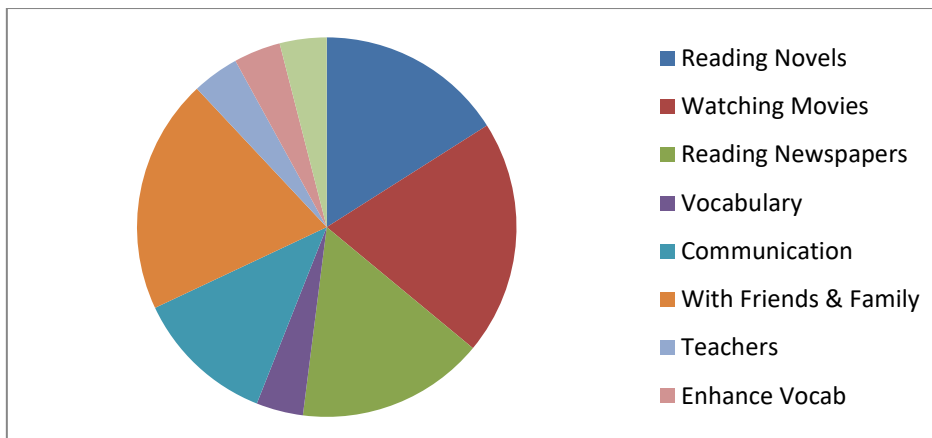
	N	Minimum	Maximum	Mean	Std. Deviation
20) "If I practice with friends and family, it will help me in enhancing speaking skills". Do you agree with this statement?	18	3.00	5.00	4.4444	.61570
Valid N (list wise)	18				

The above table 10.14 showed solutions in speaking skills. Students were asked question 20 to inquire about practicing with friends and family. Students showed acceptable importance with a mean score of 4.44 and standard deviation of .61570.

Descriptive Statistics

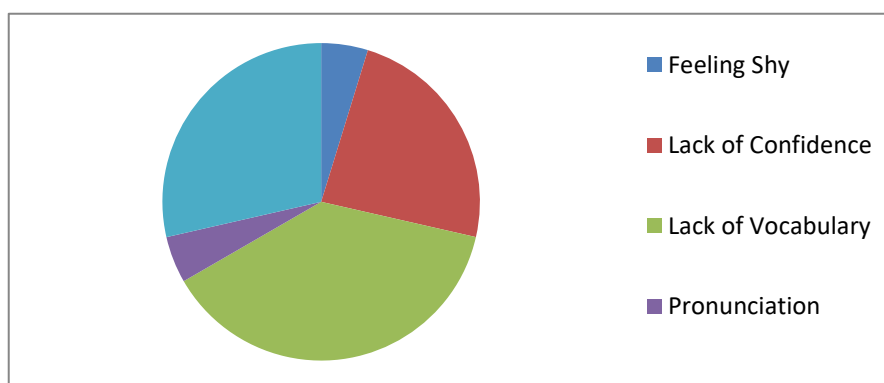|	N	Minimum	Maximum	Mean	Std. Deviation
21) "If I practice to record my voice and to listen it, will help me in enhancing speaking skills". Do you agree with this statement?	18	2.00	5.00	3.4444	.85559
Valid N (list wise)	18				

The above table 10.15 showed solutions in speaking skills. Students were asked question 21 to inquire about recording voice and listening. Students showed acceptable importance with a mean score of 3.444 and standard deviation of 85559.

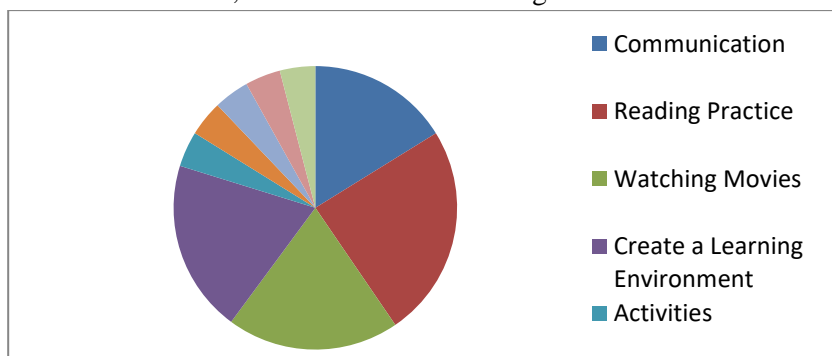|	N	Minimum	Maximum	Mean	Std. Deviation
22) "If I practice with teachers, it will help me in enhancing speaking skills". Do you agree with this statement?	18	2.00	5.00	4.0556	.99836
Valid N (list wise)	18				

The above table 10.16 showed solutions in speaking skills. Students were asked question 22 to inquire about practice with teachers. Students showed acceptable importance with a mean score of 4.0556 and standard deviation of. 99836.

The above figure 10.17 indicates speaking better in English. Out of 18 students 22.22 for reading novels 27.77 for watching movies 22.22 reading movies 5.55 vocabulary 16.66 communication 27.77 with friends and family 5.55 teachers 5.55 listening.

The above figure 10.18 indicates issues faced by students while speaking in English. Out of 18 students 5.55% stated about feeling shy, 27.77% lack of confidence, 44.44% lack of vocabulary, 5.55% pronunciation mistakes, 33.33% afraid of making mistakes.

The above figure 10.19 indicates solutions to solve the problem of speaking in English out of 18 students 22.22 communication 33.33 suggest reading practice 27.77 watching movies 27.77 suggest to create a learning environment 5.55 suggest to more activities 5.55 listening 5.55 online learning 5.55 self-confidence 5.55 suggests IELTS.

Suitable solutions for speaking difficulties

By considering 1ˢᵗ factor that is fear of making mistakes the solutions can be build courage to be able to face it we fear because we think other people will criticize it. Try to increase vocabulary and be fluent in speaking don't hesitate to speak even if you think you are wrong.

This will help you to communicate without making mistakes. These are some quotes that will encourage us: "courage is resistance of fear, mastery of fear- not absence of fear". "Life begins at the end of your comfort zone". Students should speak in English in and outside of classroom if they are wrong they will be corrected but others should not interrupt

them while speaking. It can be a negative effect on them.

By considering 2nd factor that is lack of motivation the solutions can be create a learning environment students should prefer to speak in target language more than native language. It will enhance vocabulary, watch movies that will motivate students to speak their target language well. With friends they can speak freely and without hesitation. This will motivate them to speak more in English.

By considering 3rd factor that is lack of confidence the solutions can be stand straight and make eye contact and self-motivate yourself you will be able to gain confidence. Practice more on speaking tasks. As it is always said "Practice makes men perfect". Students will gain self-confidence by speaking more of English.

Conclusion

The analysis of data collected through a group of university students of educational administration clearly indicated the difficulties and problems while speaking English. The cause that makes students difficult in speaking English is lack of motivation, they are not enough motivated to speak English even outside of the classroom. They prefer native language over target language.

The other cause is lack of confidence and afraid of making mistakes. Students are more concerned about what other people will think because of this reason they are afraid of speaking in front of audience. The students don't have confidence because of lack of vocabulary, pronunciation and other factors.

The suitable solutions can be students should create learning environment they should try to speak with friends and teachers without hesitation of making mistakes. Discussion with friends and teachers will help them enhance vocabulary and will motivate them and they will gain self-confidence.

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